

# MOUNTAINTASTE

*The culinary traditions of the highlanders*

## PROJECT TITLE

**MountainTaste – Reproduction and preservation of culinary traditions for the promotion of culture heritage of mountainous cross-border regions**

## IMPLEMENTATION PERIOD

01.02.2020 – 31.01.2021

## ORGANISATIONS INVOLVED

Mountain Guides Association “ROVIN” (UA);  
Local Tourist Organisation in Przemysl (PL)

## PROGRAMME

Poland-Belarus-Ukraine  
ENI CBC 2014-2020

**PL-BY-UA  
2014-2020**

## TOTAL BUDGET

57.590 €

The landscape of the Carpathian Mountains looks spectacular, but what do the mountains taste like? What was on the plate of the people who resided there ages ago? The MountainTaste projects aims at reviving and preserving the culinary heritage of the Ukrainian and Polish mountain regions. To do so, the project team has collected all the materials about the cuisine of the Ukrainian-Polish ethnica group Boyko, about its people and stories, the ethnography and the old recipes from Lviv Oblast (UA) and Podkarpackie Voivodeship (PL). With all these materials, the partners are producing a cookbook and a food blog and they are organising workshops on traditional Boyko cuisine. These hands-on classes are conducted by local hosts who share their priceless knowledge and delicious traditional meals with their guests. In order to promote the culinary heritage of the region, the partners are involving in the gastronomy events journalists, food bloggers and tour operators, encouraging them to discover and pass on the forgotten recipes of the region. The project activities are attracting more visitors to the Polish-Ukrainian borderland and impacting positively on tourism in the region.



**CULTURE AND EDUCATION**

**PEOPLE-TO-PEOPLE  
COOPERATION**



Project co-funded by  
the European Union

