



PREPOD

New screening and counselling tools to fight obesity and diabetes

PROJECT TITLE	PrePOD – Personalized prevention tools in obesity and diabetes – a joint Romanian-Ukrainian programme on health education
IMPLEMENTATION PERIOD	25.03.2020 – 17.04.2022
ORGANISATIONS INVOLVED	Stefan cel Mare University of Suceava (RO); Vasyl Stefanyk Precarpathian National University (UA)
PROGRAMME	Romania - Ukraine ENI CBC 2014-2020
TOTAL BUDGET	329.200,00 €



Romania-Ukraine
ENI-CROSS BORDER COOPERATION

The main objective of the project is to increase public and medical staff awareness of the risk factors linked to overweight, obesity and diabetes, through on-site screening, nutrition counselling, educative programmes and personalised health feedback. The final goal is to reduce the spread of obesity and diabetes in Ukraine and Romania. In particular, project partners are screening individuals – adults and children – to determine their risks of overweight, obesity or diabetes, at the same time providing integrative customised tools for the prevention of these diseases. The project is also assessing the current medical practices of family doctors and training primary healthcare providers into adopting preventive approaches and effective nutrition counselling to obese and diabetic patients. Under the framework of the project, cooperation between Romanian and Ukrainian health specialists will also be intensified to obtain a better scientific understanding of the current situation regarding obesity rates and type 2 diabetes in the regions involved.



HEALTH

**PEOPLE-TO-PEOPLE
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