## ICOR

The pleasure of getting lost in the woods with a map

PROJECT TITLE	ICOR – Improving cooperation in the area of orienteering
IMPLEMENTATION PERIOD	01.01.2021 – 31.12.2021
ORGANISATIONS INVOLVED	Orienteering Club Põlva Kobras NGO (EE); Pskov regional public organization «Federation of orienteering, Sports for Persons with Physical Impairment» (RU)
PROGRAMME	Estonia - Russia CBC 2014-2020
TOTAL BUDGET	88.801,89 €

between the citizens.





## SOCIAL PROTECTION & INCLUSION PEOPLE-TO-PEOPLE COOPERATION

Orienteering is a relatively popular sport activity in Estonia and also in Russia. Unfortunately, there is very little cooperation between orienteering clubs and very rarely "orienteers" participate in competitions across the border. The project aims at improving the sustainability of orienteering sport activities in the programme area and at enhancing cooperation between the orienteers from both sides of the border. The project partners are organising training camps and joint competitions, counting with the participation of orienteers from each country. In addition, these sport events are being combined with cleaning-up campaigns in the forest. At the same time, during the joint events, language

and culture exchanges will be fostered thanks to active communication activities. New orienteering maps will also be created based on digitally scanned ground material and orienteering material is being purchased to make competitions and training events more interesting and challenging. Ultimately, the project will improve the physical activity and health of the people across the Estonian-Russian border and will foster cultural exchanges

